



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

PORSTNER, Crispin

Club: -

Number: 754

Course: 42.25 km

Marathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 4:49:33

Speed: 8.70 km/h

Running performance: 6:51 min/km

Rank in course/Total: 137 (of 168)

Rank in course/Men: 119 (of 144)

Best time in course: 2:45:49

Rank in category: 9(of 10)

Best time in the category: 3:03:49

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:22	5:20	7	4:35	83	6:28	3.25	17:22	5:20	7	4:35	83	6:28
Lap 2	3.25	18:27	5:40	8	5:41	103	6:40	6.50	35:49	5:30	8	10:16	96	13:08
Lap 3	3.25	19:52	6:06	9	7:08	120	7:27	9.75	55:41	5:42	8	17:24	103	20:35
Lap 4	3.25	20:16	6:14	9	7:07	122	7:39	13.00	1:15:57	5:50	8	24:31	108	28:14
Lap 5	3.25	25:27	7:49	9	12:05	141	13:07	16.25	1:41:24	6:14	9	36:36	123	41:21
Lap 6	3.25	20:28	6:17	9	7:00	114	8:04	19.50	2:01:52	6:14	9	43:36	123	49:25
Lap 7	3.25	20:31	6:18	8	6:38	104	7:43	22.75	2:22:23	6:15	9	50:14	119	57:08
Lap 8	3.25	21:49	6:42	8	7:06	110	9:00	26.00	2:44:12	6:18	9	57:11	118	1:06:08
Lap 9	3.25	21:51	6:43	8	7:22	102	8:43	29.25	3:06:03	6:21	9	1:04:08	117	1:14:46
Lap 10	3.25	23:42	7:17	8	8:22	110	10:52	32.50	3:29:45	6:27	9	1:12:30	116	1:25:38
Lap 11	3.25	29:08	8:57	9	13:45	139	15:38	35.75	3:58:53	6:40	9	1:26:15	118	1:41:16
Lap 12	3.25	23:29	7:13	8	7:39	98	9:32	39.00	4:22:22	6:43	9	1:33:54	118	1:50:48
Last lap Finish	3.25	27:11	8:21	9	11:54	132	13:19	42.25	4:49:33	6:51	9	1:45:44	119	2:03:44