



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

JAKOB, Andre

Club: Run4Beer

Number: 682

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 4:52:31

Speed: 8.61 km/h

Running performance: 6:55 min/km

Rank in course/Total: 140 (of 168)

Rank in course/Men: 121 (of 144)

Best time in course: 2:45:49

Rank in category: 22(of 26)

Best time in the category: 2:51:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:00	5:50	18	6:54	111	8:06	3.25	19:00	5:50	18	6:54	111	8:06
Lap 2	3.25	19:30	6:00	22	6:55	118	7:43	6.50	38:30	5:55	20	13:49	116	15:49
Lap 3	3.25	20:22	6:15	24	7:35	128	7:57	9.75	58:52	6:02	22	21:24	119	23:46
Lap 4	3.25	19:44	6:04	21	6:51	114	7:07	13.00	1:18:36	6:02	22	28:15	117	30:53
Lap 5	3.25	20:23	6:16	21	7:32	112	8:03	16.25	1:38:59	6:05	22	35:47	115	38:56
Lap 6	3.25	21:13	6:31	22	8:32	122	8:49	19.50	2:00:12	6:09	21	44:19	116	47:45
Lap 7	3.25	22:16	6:51	22	9:27	123	9:28	22.75	2:22:28	6:15	22	53:46	120	57:13
Lap 8	3.25	23:06	7:06	23	9:53	125	10:17	26.00	2:45:34	6:22	22	1:03:39	120	1:07:30
Lap 9	3.25	24:10	7:26	21	11:02	117	11:02	29.25	3:09:44	6:29	22	1:14:41	120	1:18:27
Lap 10	3.25	24:28	7:31	22	10:58	120	11:38	32.50	3:34:12	6:35	22	1:25:39	118	1:30:05
Lap 11	3.25	25:43	7:54	21	11:40	125	12:13	35.75	3:59:55	6:42	22	1:37:19	120	1:42:18
Lap 12	3.25	27:01	8:18	25	12:45	129	13:04	39.00	4:26:56	6:50	22	1:49:57	120	1:55:22
Last lap Finish	3.25	25:35	7:52	18	11:23	116	11:43	42.25	4:52:31	6:55	22	2:00:59	121	2:06:42