



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

THIEL-FREITAG, Wilhelma

Club: TSVE 1890 Bielefeld

Number: 809

Course: 42.25 km

Marathon

Category:

Seniorinnen W60 (60-64 Jahre)

Total time: 4:55:06

Speed: 8.54 km/h

Running performance: 6:59 min/km

Rank in course/Total: 144 (of 168)

Rank in course/Women: 20 (of 24)

Best time in course: 3:38:45

Rank in category: 1(of 1)

Best time in the category: 4:55:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:05	6:10	1	-	19	5:13	3.25	20:05	6:10	1	-	19	5:13
Lap 2	3.25	20:38	6:20	1	-	17	5:15	6.50	40:43	6:15	1	-	16	10:28
Lap 3	3.25	20:30	6:18	1	-	18	4:56	9.75	1:01:13	6:16	1	-	17	15:24
Lap 4	3.25	20:37	6:20	1	-	17	4:37	13.00	1:21:50	6:17	1	-	16	20:01
Lap 5	3.25	20:53	6:25	1	-	16	4:57	16.25	1:42:43	6:19	1	-	18	24:27
Lap 6	3.25	21:16	6:32	1	-	15	4:38	19.50	2:03:59	6:21	1	-	18	28:49
Lap 7	3.25	21:52	6:43	1	-	15	5:18	22.75	2:25:51	6:24	1	-	18	34:07
Lap 8	3.25	23:11	7:08	1	-	19	6:31	26.00	2:49:02	6:30	1	-	18	40:38
Lap 9	3.25	23:28	7:13	1	-	18	6:47	29.25	3:12:30	6:34	1	-	18	46:53
Lap 10	3.25	23:40	7:16	1	-	15	7:03	32.50	3:36:10	6:39	1	-	17	52:30
Lap 11	3.25	24:53	7:39	1	-	18	7:26	35.75	4:01:03	6:44	1	-	18	58:07
Lap 12	3.25	26:47	8:14	1	-	22	8:32	39.00	4:27:50	6:52	1	-	19	1:06:07
Last lap Finish	3.25	27:16	8:23	1	-	23	10:14	42.25	4:55:06	6:59	1	-	20	1:16:21