



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

BRUNS, Annette

Club: LT Weisenheim am Berg

Number: 620

Course: 42.25 km

Marathon

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 4:55:29

Speed: 8.53 km/h

Running performance: 6:59 min/km

Rank in course/Total: 146 (of 168)

Rank in course/Women: 21 (of 24)

Best time in course: 3:38:45

Rank in category: 5(of 5)

Best time in the category: 4:11:42

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	3.25	19:54	6:07	3	3:52	17	5:02	3.25	19:54	6:07	3	3:52	17	5:02	
Lap 2	3.25	21:03	6:28	4	4:17	21	5:40	6.50	40:57	6:18	4	8:09	19	10:42	
Lap 3	3.25	21:14	6:31	3	4:20	20	5:40	9.75	1:02:11	6:22	3	12:29	20	16:22	
Lap 4	3.25	21:13	6:31	3	4:17	20	5:13	13.00	1:23:24	6:24	3	16:46	20	21:35	
Lap 5	3.25	21:22	6:34	3	4:20	19	5:26	16.25	1:44:46	6:26	3	21:06	20	26:30	
Lap 6	3.25	21:39	6:39	3	4:32	18	5:01	19.50	2:06:25	6:28	3	25:38	20	31:15	
Lap 7	3.25	22:19	6:51	4	4:46	18	5:45	22.75	2:28:44	6:32	3	30:24	20	37:00	
Lap 8	3.25	22:28	6:54	3	3:14	15	5:48	26.00	2:51:12	6:35	3	33:38	19	42:48	
Lap 9	3.25	23:09	7:07	3	1:14	16	6:28	29.25	3:14:21	6:38	4	26:05	20	48:44	
Lap 10	3.25	24:10	7:26	4	3:13	16	7:33	32.50	3:38:31	6:43	4	29:18	20	54:51	
Lap 11	3.25	24:54	7:39	4	3:58	19	7:27	35.75	4:03:25	6:48	5	33:16	20	1:00:29	
Lap 12	3.25	26:20	8:06	5	5:17	21	8:05	39.00	4:29:45	6:55	5	38:33	21	1:08:02	
Last lap Finish	3.25	25:44	7:55	5	5:14	20	8:42	42.25	4:55:29	6:59	5	43:47	21	1:16:44	