



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

PORSTNER, Thomas

Club: LG Ultraluf

Number: 755

Course: 42.25 km

Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 4:59:02

Speed: 8.43 km/h

Running performance: 7:05 min/km

Rank in course/Total: 150 (of 168)

Rank in course/Men: 129 (of 144)

Best time in course: 2:45:49

Rank in category: 18(of 20)

Best time in the category: 3:22:45

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	21:15	6:32	20	6:10	143	10:21	3.25	21:15	6:32	20	6:10	143	10:21
Lap 2	3.25	20:41	6:21	17	5:45	130	8:54	6.50	41:56	6:27	19	11:55	139	19:15
Lap 3	3.25	20:54	6:25	17	5:54	132	8:29	9.75	1:02:50	6:26	19	17:49	138	27:44
Lap 4	3.25	21:20	6:33	18	6:17	135	8:43	13.00	1:24:10	6:28	19	24:06	137	36:27
Lap 5	3.25	22:00	6:46	19	6:55	134	9:40	16.25	1:46:10	6:31	19	31:01	135	46:07
Lap 6	3.25	22:12	6:49	18	6:45	135	9:48	19.50	2:08:22	6:34	19	37:46	135	55:55
Lap 7	3.25	22:29	6:55	18	7:06	126	9:41	22.75	2:30:51	6:37	18	44:52	132	1:05:36
Lap 8	3.25	23:47	7:19	17	7:54	130	10:58	26.00	2:54:38	6:43	18	52:46	132	1:16:34
Lap 9	3.25	27:17	8:23	20	11:41	137	14:09	29.25	3:21:55	6:54	19	1:04:27	135	1:30:38
Lap 10	3.25	23:48	7:19	16	7:24	111	10:58	32.50	3:45:43	6:56	19	1:11:51	132	1:41:36
Lap 11	3.25	24:40	7:35	16	8:25	108	11:10	35.75	4:10:23	7:00	19	1:20:16	131	1:52:46
Lap 12	3.25	26:49	8:15	19	10:31	127	12:52	39.00	4:37:12	7:06	20	1:30:47	132	2:05:38
Last lap Finish	3.25	21:50	6:43	11	5:55	83	7:58	42.25	4:59:02	7:04	18	1:36:17	129	2:13:13