



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

PFAU, Jeanette

Club: -

Number: 750

Course: 42.25 km

Marathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 5:08:53

Speed: 8.16 km/h

Running performance: 7:19 min/km

Rank in course/Total: 157 (of 168)

Rank in course/Women: 23 (of 24)

Best time in course: 3:38:45

Rank in category: 6(of 6)

Best time in the category: 4:11:42

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	17:56	5:31	3	0:45	11	3:04	3.25	17:56	5:31	3	0:45	11	3:04
Lap 2	3.25	17:56	5:31	3	0:07	10	2:33	6.50	35:52	5:31	3	0:46	12	5:37
Lap 3	3.25	19:24	5:58	3	1:39	13	3:50	9.75	55:16	5:40	3	2:23	13	9:27
Lap 4	3.25	20:23	6:16	3	2:11	14	4:23	13.00	1:15:39	5:49	3	4:23	13	13:50
Lap 5	3.25	21:54	6:44	6	3:19	21	5:58	16.25	1:37:33	6:00	3	7:42	13	19:17
Lap 6	3.25	22:47	7:00	6	3:48	23	6:09	19.50	2:00:20	6:10	3	11:30	14	25:10
Lap 7	3.25	26:21	8:06	6	6:59	23	9:47	22.75	2:26:41	6:26	6	18:29	19	34:57
Lap 8	3.25	26:44	8:13	6	6:58	23	10:04	26.00	2:53:25	6:40	6	25:27	21	45:01
Lap 9	3.25	27:31	8:28	6	7:13	22	10:50	29.25	3:20:56	6:52	6	32:40	22	55:19
Lap 10	3.25	27:19	8:24	6	6:22	23	10:42	32.50	3:48:15	7:01	6	39:02	23	1:04:35
Lap 11	3.25	27:07	8:20	6	6:11	23	9:40	35.75	4:15:22	7:08	6	45:13	23	1:12:26
Lap 12	3.25	26:50	8:15	6	5:47	23	8:35	39.00	4:42:12	7:14	6	51:00	23	1:20:29
Last lap Finish	3.25	26:41	8:12	6	6:11	21	9:39	42.25	5:08:53	7:18	6	57:11	23	1:30:08