



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

STOJANOVSKI, Jovica

Club: Maraton Klub Delta

Number: 800

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 5:10:42

Speed: 8.11 km/h

Running performance: 7:21 min/km

Rank in course/Total: 158 (of 168)

Rank in course/Men: 135 (of 144)

Best time in course: 2:45:49

Rank in category: 26(of 29)

Best time in the category: 2:56:23

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	20:18	6:14	28	7:21	136	9:24	3.25	20:18	6:14	28	7:21	136	9:24
Lap 2	3.25	21:43	6:40	29	8:43	143	9:56	6.50	42:01	6:27	28	16:04	141	19:20
Lap 3	3.25	21:03	6:28	28	7:57	134	8:38	9.75	1:03:04	6:28	28	24:01	139	27:58
Lap 4	3.25	21:33	6:37	28	7:55	137	8:56	13.00	1:24:37	6:30	28	31:56	139	36:54
Lap 5	3.25	23:29	7:13	28	9:50	140	11:09	16.25	1:48:06	6:39	27	41:46	140	48:03
Lap 6	3.25	21:35	6:38	27	7:54	127	9:11	19.50	2:09:41	6:39	27	49:40	140	57:14
Lap 7	3.25	22:47	7:00	26	9:21	127	9:59	22.75	2:32:28	6:42	27	59:01	136	1:07:13
Lap 8	3.25	23:40	7:16	27	10:06	128	10:51	26.00	2:56:08	6:46	27	1:09:07	134	1:18:04
Lap 9	3.25	24:56	7:40	27	11:29	125	11:48	29.25	3:21:04	6:52	27	1:20:36	134	1:29:47
Lap 10	3.25	26:46	8:14	27	13:08	135	13:56	32.50	3:47:50	7:00	26	1:33:44	135	1:43:43
Lap 11	3.25	25:36	7:52	26	11:25	124	12:06	35.75	4:13:26	7:05	26	1:45:09	136	1:55:49
Lap 12	3.25	26:34	8:10	26	12:20	125	12:37	39.00	4:40:00	7:10	26	1:57:29	136	2:08:26
Last lap Finish	3.25	30:42	9:26	26	16:50	135	16:50	42.25	5:10:42	7:21	26	2:14:19	135	2:24:53