



# 12. Kristall-Marathon

Merkers / 18.02.2018

## Detailed evaluation

**MATUSCHEK, Thilo**

Club: ASC Marktrodach

Number: 137

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 50:15

Speed: 10.75 km/h

Running performance: 5:09 min/km

Rank in course/Total: 68 (of 215)

Rank in course/Men: 59 (of 134)

Best time in course: 36:45

Rank in category: 5(of 11)

Best time in the category: 41:16

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Lap 1           | 3.25        | 16:01         | 4:55            | 6           | 3:05           | 58          | 4:29          | 3.25          | 16:01         | 4:55            | 6           | 3:05           | 58         | 4:29          |
| Lap 2           | 3.25        | 16:40         | 5:07            | 5           | 2:36           | 51          | 4:05          | 6.50          | 32:41         | 5:01            | 5           | 5:41           | 54         | 8:26          |
| Last lap Finish | 3.25        | 17:34         | 5:24            | 6           | 3:30           | 64          | 5:05          | 9.75          | 50:15         | 5:09            | 5           | 8:59           | 59         | 13:30         |