



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

MATUSCHEK, Thilo

Club: ASC Marktrodach

Number: 137

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 50:15

Speed: 11.64 km/h

Running performance: 5:09 min/km

Rank in course/Total: 68 (of 215)

Rank in course/Men: 59 (of 134)

Best time in course: 36:45

Rank in category: 5(of 11)

Best time in the category: 41:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:01	4:55	6	3:05	58	4:29	3.25	16:01	4:55	6	3:05	58	4:29
Lap 2	3.25	16:40	5:07	5	2:36	51	4:05	6.50	32:41	5:01	5	5:41	54	8:26
Last lap Finish	3.25	17:34	5:24	6	3:30	64	5:05	9.75	50:15	5:09	5	8:59	59	13:30