



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

TÄNZER, Mirko

Club: Meuchelmörder

Number: 228

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 50:39

Speed: 10.66 km/h

Running performance: 5:11 min/km

Rank in course/Total: 72 (of 215)

Rank in course/Men: 62 (of 134)

Best time in course: 36:45

Rank in category: 11(of 22)

Best time in the category: 38:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:47	4:51	10	3:37	55	4:15	3.25	15:47	4:51	10	3:37	55	4:15
Lap 2	3.25	17:23	5:20	10	4:23	62	4:48	6.50	33:10	5:06	10	8:00	58	8:55
Last lap Finish	3.25	17:29	5:22	10	4:28	62	5:00	9.75	50:39	5:11	11	12:20	62	13:54