



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

TÄNZER, Mirko

Club: Meuchelmörder

Number: 228

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 50:39

Speed: 10.66 km/h

Running performance: 5:11 min/km

Rank in course/Total: 72 (of 215)

Rank in course/Men: 62 (of 134)

Best time in course: 36:45

Rank in category: 11(of 22)

Best time in the category: 38:19

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 15:47 | 4:51 | 10 | 3:37 | 55 | 4:15 | 3.25 | 15:47 | 4:51 | 10 | 3:37 | 55 | 4:15 |
| Lap 2 | 3.25 | 17:23 | 5:20 | 10 | 4:23 | 62 | 4:48 | 6.50 | 33:10 | 5:06 | 10 | 8:00 | 58 | 8:55 |
| Last lap Finish | 3.25 | 17:29 | 5:22 | 10 | 4:28 | 62 | 5:00 | 9.75 | 50:39 | 5:11 | 11 | 12:20 | 62 | 13:54 |