



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

WIESENER, Petra

Club: LC Marathon Rotenburg

Number: 247

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 50:49

Speed: 10.63 km/h

Running performance: 5:13 min/km

Rank in course/Total: 74 (of 215)

Rank in course/Women: 11 (of 81)

Best time in course: 41:42

Rank in category: 3(of 14)

Best time in the category: 47:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:13	4:59	4	0:58	12	2:49	3.25	16:13	4:59	4	0:58	12	2:49
Lap 2	3.25	17:16	5:18	3	1:20	11	3:21	6.50	33:29	5:09	3	2:18	9	6:10
Last lap Finish	3.25	17:20	5:19	3	1:11	11	2:57	9.75	50:49	5:12	3	3:29	12	31:36