



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

KUESTER, Torsten

Club: SV1885Teutschenthal

Number: 420

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 51:25

Speed: 10.50 km/h

Running performance: 5:16 min/km

Rank in course/Total: 76 (of 215)

Rank in course/Men: 65 (of 134)

Best time in course: 36:45

Rank in category: 9(of 19)

Best time in the category: 40:23

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------------|-------|-------|--------|------|--------|-----|--------|-------|-------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Lap 1 | 3.25 | 16:56 | 5:12 | 13 | 4:01 | 76 | 5:24 | 3.25 | 16:56 | 5:12 | 13 | 4:01 | 76 | 5:24 |
| Lap 2 | 3.25 | 17:33 | 5:24 | 10 | 3:55 | 66 | 4:58 | 6.50 | 34:29 | 5:18 | 12 | 7:56 | 71 | 10:14 |
| Last lap Finish | 3.25 | 16:56 | 5:12 | 7 | 3:06 | 51 | 4:27 | 9.75 | 51:25 | 5:16 | 9 | 11:02 | 65 | 14:40 |