



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

MÜLLER, Antje

Club: Team 100

Number: 153

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 51:48

Speed: 10.42 km/h

Running performance: 5:19 min/km

Rank in course/Total: 77 (of 215)

Rank in course/Women: 12 (of 81)

Best time in course: 41:42

Rank in category: 2(of 13)

Best time in the category: 42:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:00	4:55	2	2:30	8	2:36	3.25	16:00	4:55	2	2:30	8	2:36
Lap 2	3.25	17:40	5:26	3	3:11	13	3:45	6.50	33:40	5:10	2	5:41	11	6:21
Last lap Finish	3.25	18:08	5:34	4	3:28	20	3:45	9.75	51:48	5:18	2	9:09	13	32:35