



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

BRENZ, Michael

Club: Bewegungs-Millionäre

Number: 22

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 52:07

Speed: 10.36 km/h

Running performance: 5:21 min/km

Rank in course/Total: 79 (of 215)

Rank in course/Men: 66 (of 134)

Best time in course: 36:45

Rank in category: 10(of 19)

Best time in the category: 40:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:05	4:56	7	3:10	59	4:33	3.25	16:05	4:56	7	3:10	59	4:33
Lap 2	3.25	17:47	5:28	12	4:09	68	5:12	6.50	33:52	5:12	9	7:19	66	9:37
Last lap Finish	3.25	18:15	5:36	13	4:25	76	5:46	9.75	52:07	5:20	10	11:44	66	15:22