



# 12. Kristall-Marathon

Merkers / 18.02.2018

## Detailed evaluation

**LACHMANN, Steffi**

Club: -

Number: 121

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 52:24

Speed: 10.31 km/h

Running performance: 5:22 min/km

Rank in course/Total: 83 (of 215)

Rank in course/Women: 16 (of 81)

Best time in course: 41:42

Rank in category: 3(of 9)

Best time in the category: 44:30

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Women	Behind Women	km	Time			min/km	Pos Women	Behind Women
Lap 1	3.25	16:22	5:02	3	1:55	15	2:58	3.25	16:22	5:02	3	1:55	15	2:58
Lap 2	3.25	17:53	5:30	3	2:58	16	3:58	6.50	34:15	5:16	3	4:53	15	6:56
Last lap Finish	3.25	18:09	5:35	4	3:01	21	3:46	9.75	52:24	5:22	4	33:11	17	33:11