



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

NOTH, Christiane

Club: OCR Germany

Number: 165

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 52:25

Speed: 10.30 km/h

Running performance: 5:23 min/km

Rank in course/Total: 84 (of 215)

Rank in course/Women: 17 (of 81)

Best time in course: 41:42

Rank in category: 3(of 13)

Best time in the category: 42:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:38	5:07	3	3:08	18	3:14	3.25	16:38	5:07	3	3:08	18	3:14
Lap 2	3.25	17:58	5:31	4	3:29	18	4:03	6.50	34:36	5:19	3	6:37	18	7:17
Last lap Finish	3.25	17:49	5:28	3	3:09	15	3:26	9.75	52:25	5:22	3	9:46	18	33:12