



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

MÜLLER, Ingo

Club: Team ERDINGER Alkoholfrei

Number: 155

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 52:45

Speed: 10.24 km/h

Running performance: 5:25 min/km

Rank in course/Total: 89 (of 215)

Rank in course/Men: 72 (of 134)

Best time in course: 36:45

Rank in category: 12(of 19)

Best time in the category: 40:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:29	5:04	10	3:34	68	4:57	3.25	16:29	5:04	10	3:34	68	4:57
Lap 2	3.25	17:42	5:26	11	4:04	67	5:07	6.50	34:11	5:15	11	7:38	69	9:56
Last lap Finish	3.25	18:34	5:42	15	4:44	83	6:05	9.75	52:45	5:24	12	12:22	72	16:00