



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

DEISEROTH, Michelle

Club: TSV Ausbach

Number: 28

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 53:53

Speed: 10.02 km/h

Running performance: 5:32 min/km

Rank in course/Total: 96 (of 215)

Rank in course/Women: 20 (of 81)

Best time in course: 41:42

Rank in category: 5(of 14)

Best time in the category: 47:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:17	5:00	6	1:02	14	2:53	3.25	16:17	5:00	6	1:02	14	2:53
Lap 2	3.25	18:12	5:35	5	2:16	22	4:17	6.50	34:29	5:18	5	3:18	17	7:10
Last lap Finish	3.25	19:24	5:58	6	3:15	32	5:01	9.75	53:53	5:31	5	6:33	21	34:40