



## Detailed evaluation

Kāpiņa, Inga

Club: VSK Noskrien Vāveres  
Number: 123

Course: 17.40 km  
SALOMON

Category:  
S3-Sporta distance

Total time: 2:02:25

Speed: 8.53 km/h

Rank in course/Total: 106 (of 166)

Rank in course/Women: 14 (of 36)

Best time in course: 1:32:36

Rank in category: 3(of 8)

Best time in the category: 1:32:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
31	-	10:25	-	3	2:10	9	2:10	-	10:25	-	3	2:10	9	2:10
32	-	11:27	-	3	2:27	12	2:27	-	21:52	-	3	4:37	10	4:37
33	-	21:39	-	3	4:44	14	4:44	-	43:31	-	3	9:21	11	9:21
34	-	14:35	-	3	3:31	14	3:47	-	58:06	-	3	12:52	13	12:52
31	-	13:40	-	6	4:10	19	4:10	-	1:11:46	-	3	17:02	14	17:02
32	-	13:11	-	5	3:42	18	3:42	-	1:24:57	-	3	20:44	14	20:44
33	-	23:06	-	3	5:45	13	5:45	-	1:48:03	-	3	26:29	14	26:29
Finish	-	14:22	-	3	3:20	12	3:20	17.40	2:02:25	-	3	29:49	14	29:49