



Detailed evaluation

Vītols, Jānis

Club: VSK Noskrien Seniori
Number: 236

Course: 17.40 km
SALOMON

Category:
V3-Sporta distance

Total time: 1:47:35

Speed: 9.70 km/h

Rank in course/Total: 53 (of 166)

Rank in course/Men: 47 (of 130)

Best time in course: 1:15:33

Rank in category: 9(of 36)

Best time in the category: 1:35:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
31	-	10:05	-	12	1:29	58	3:09	-	10:05	-	12	1:29	58	3:09
32	-	10:36	-	7	1:01	50	2:54	-	20:41	-	12	2:30	59	6:02
33	-	19:41	-	8	1:53	53	5:19	-	40:22	-	12	3:54	59	11:21
34	-	12:45	-	8	1:14	52	3:56	-	53:07	-	10	5:04	57	15:17
31	-	10:48	-	7	1:34	39	3:26	-	1:03:55	-	9	6:27	50	18:38
32	-	10:56	-	8	1:28	42	3:26	-	1:14:51	-	9	7:55	48	22:04
33	-	20:13	-	8	2:41	45	6:12	-	1:35:04	-	7	10:36	45	28:16
Finish	-	12:31	-	9	1:28	46	3:46	17.40	1:47:35	-	9	12:04	47	32:02