



## Detailed evaluation

Grozdovs, Aleksandrs

Club: Daugavpils Runners

Number: 341

Course: 8.70 km

SUUNTO

Category:

V2-Tautas distance

Total time: 1:01:53

Speed: 7.76 km/h

Rank in course/Total: 155 (of 310)

Rank in course/Men: 128 (of 194)

Best time in course: 36:55

Rank in category: 51(of 85)

Best time in the category: 36:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
31	-	12:45	-	63	5:49	144	5:49	-	12:45	-	63	5:49	144	5:49
32	-	12:44	-	56	5:12	136	5:12	-	25:29	-	61	11:01	141	11:01
33	-	23:09	-	56	9:15	137	9:15	-	48:38	-	59	20:16	138	20:16
Finish	-	13:15	-	49	4:42	108	4:42	8.70	1:01:53	-	51	24:58	128	24:58