



Detailed evaluation

Pometko, Lāsma

Club: Noskrien Cēsis

Number: 36

Course: 9.40 km

SUUNTO

Category:

S1-Tautas distance

Total time: 55:10

Speed: 9.79 km/h

Rank in course/Total: 117 (of 307)

Rank in course/Women: 17 (of 131)

Best time in course: 43:08

Rank in category: 9(of 48)

Best time in the category: 43:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women
31	-	6:19	-	10	20	1:48	1:48	-	6:19	-	10	20	1:48	1:48
32	-	2:04	-	8	14	0:28	0:28	-	8:23	-	10	19	2:16	2:16
33	-	8:04	-	8	17	1:40	1:40	-	16:27	-	10	19	3:56	3:56
34	-	31:28	-	7	14	6:25	6:25	-	47:55	-	9	17	10:21	10:21
Finish	-	7:15	-	15	23	1:41	1:41	9.40	55:10	-	9	17	12:02	12:02