



Detailed evaluation

Silgals, Kalvis

Club: NFS

Number: 429

Course: 18.80 km

SALOMON

Category:

V2-Sporta distance

Total time: 1:45:21

Speed: 10.25 km/h

Rank in course/Total: 71 (of 160)

Rank in course/Men: 61 (of 119)

Best time in course: 1:11:09

Rank in category: 33(of 56)

Best time in the category: 1:13:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
31	-	5:44	-	29	1:57	57	2:05	-	5:44	-	29	1:57	57	2:05
32	-	2:00	-	34	0:47	61	0:47	-	7:44	-	30	2:42	58	2:51
33	-	7:44	-	34	2:20	65	2:33	-	15:28	-	32	4:58	61	5:20
34	-	30:11	-	32	8:51	61	9:30	-	45:39	-	32	13:44	61	14:49
35	-	6:51	-	28	1:59	47	2:14	-	52:30	-	32	15:43	61	17:03
31	-	5:26	-	37	1:49	70	1:58	-	57:56	-	32	17:32	61	19:01
32	-	2:14	-	37	0:57	67	1:02	-	1:00:10	-	32	18:29	61	20:03
33	-	7:50	-	37	2:20	67	2:32	-	1:08:00	-	32	20:49	61	22:35
34	-	30:38	-	32	9:06	61	9:51	-	1:38:38	-	34	29:55	62	32:22
Finish	-	6:43	-	31	1:44	53	1:54	18.80	1:45:21	-	33	31:39	61	34:12