



# 1. Lüneburger Heide-Staffellauf / Ultra-Marathon

Lüneburg / 16.06.2018

## Detailed evaluation

Sax, Almuth

Club: TV Urbar

Number: 15

Course: 100.00 km

Ultra-Marathon

Category:

Seniorinnen W50 (50-54 Jahre)

Rank in course/Total: DNF (of 59)

Rank in course/Women: DNF (of 9)

Best time in course: 10:10:50

Rank in category: DNF(of 2)

Best time in the category: 11:28:59

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Südergellersen	10.40	1:07:55	6:31	1	-	4	8:40	10.40	1:07:55	6:31	1	-	4	8:40
Amelinghausen	13.60	1:37:35	7:10	1	-	4	16:40	24.00	2:45:30	6:53	1	-	4	25:20
Schwindebeck	8.30	1:00:18	7:15	2	6:58	7	12:29	32.30	3:45:48	6:59	2	2:18	5	37:49
Bispingen	9.60	1:14:01	7:42	2	12:32	6	16:20	41.90	4:59:49	7:09	2	14:50	5	54:09
Overhaverbeck	10.80	1:31:25	8:27	2	19:52	6	24:32	52.70	6:31:14	7:25	2	34:42	5	1:16:40
Undeloh	6.90	58:55	8:32	2	9:48	6	13:31	59.60	7:30:09	7:33	2	44:30	6	1:29:34
Egestorf	9.20	1:25:10	9:15	2	21:33	6	29:27	68.80	8:55:19	7:46	2	1:06:03	6	1:59:01
Salzhausen	10.60	1:55:13	10:52	2	40:55	6	49:32	79.40	10:50:32	8:11	2	1:46:58	6	2:48:33
Südergellersen	10.90	fehlt!	-	-	-	-	-	90.30	-	-	-	-	-	-
Sülzwiesen	9.70	fehlt!	-	-	-	-	-	100.00	-	-	-	-	-	-