



# 1. Lüneburger Heide-Staffellauf / Ultra-Marathon

Lüneburg / 16.06.2018

## Detailed evaluation

### Temmen, Alexander

Club: Triathlon Team Lüneburg

Number: 24

Course: 100.00 km

Ultra-Marathon

Category:

Senioren M45 (45-49 Jahre)

Rank in course/Total: DNF (of 59)

Rank in course/Men: DNF (of 50)

Best time in course: 8:22:31

Rank in category: DNF(of 6)

Best time in the category: 10:20:59

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Südergellersen	10.40	56:41	5:27	1	-	8	8:20	10.40	56:41	5:27	1	-	8	8:20
Amelinghausen	13.60	1:33:06	6:50	5	14:00	38	28:48	24.00	2:29:47	6:14	4	9:44	32	37:08
Schwindebeck	8.30	fehlt!	-	-	-	-	-	32.30	-	-	-	-	-	-
Bispingen	9.60	fehlt!	-	-	-	-	-	41.90	-	-	-	-	-	-
Overhaverbeck	10.80	fehlt!	-	-	-	-	-	52.70	-	-	-	-	-	-
Undeloh	6.90	fehlt!	-	-	-	-	-	59.60	-	-	-	-	-	-
Egestorf	9.20	fehlt!	-	-	-	-	-	68.80	-	-	-	-	-	-
Salzhausen	10.60	fehlt!	-	-	-	-	-	79.40	-	-	-	-	-	-
Südergellersen	10.90	fehlt!	-	-	-	-	-	90.30	-	-	-	-	-	-
Sülzwiesen	9.70	fehlt!	-	-	-	-	-	100.00	-	-	-	-	-	-