



# 1. Lüneburger Heide-Staffellauf / Ultra-Marathon

Lüneburg / 16.06.2018

## Detailed evaluation

Fuckerirer, Lucas

Club: Unterstützungsgeschwader

Number: 22

Course: 100.00 km

Ultra-Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 13:41:34

Speed: 7.30 km/h

Running performance: 8:13 min/km

Rank in course/Total: 37 (of 59)

Rank in course/Men: 32 (of 50)

Best time in course: 8:22:31

Rank in category: 10(of 12)

Best time in the category: 8:22:31

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Südergellersen	10.40	1:11:23	6:51	11	23:02	41	23:02	10.40	1:11:23	6:51	11	23:02	41	23:02
Amelinghausen	13.60	1:32:21	6:47	9	28:03	35	28:03	24.00	2:43:44	6:49	11	51:05	41	51:05
Schwindebeck	8.30	55:07	6:38	11	17:03	37	17:04	32.30	3:38:51	6:46	10	1:08:08	36	1:08:09
Bispingen	9.60	1:04:11	6:41	8	19:20	27	19:20	41.90	4:43:02	6:45	10	1:27:28	35	1:27:28
Overhaverbeck	10.80	1:17:12	7:08	7	25:41	22	25:41	52.70	6:00:14	6:50	10	1:53:09	31	1:53:09
Undeloh	6.90	54:53	7:57	11	20:35	27	20:35	59.60	6:55:07	6:57	10	2:13:44	30	2:13:44
Egestorf	9.20	1:13:51	8:01	8	27:33	24	27:33	68.80	8:08:58	7:06	10	2:41:17	29	2:41:17
Salzhausen	10.60	1:34:22	8:54	8	37:51	27	37:52	79.40	9:43:20	7:20	9	3:19:08	27	3:19:09
Südergellersen	10.90	2:06:54	11:38	10	1:00:25	38	1:00:31	90.30	11:50:14	7:51	10	4:19:33	32	4:19:40
Sülzwiesen	9.70	1:51:20	11:28	10	59:30	36	59:30	100.00	13:41:34	8:12	10	5:19:03	32	5:19:03