



# 1. Lüneburger Heide-Staffellauf / Ultra-Marathon

Lüneburg / 16.06.2018

## Detailed evaluation

**Mayer, Gustav**

Club: SV Birkenhard  
Number: 34

Course: 100.00 km  
Ultra-Marathon

Category:  
Senioren M65 (65-69 Jahre)

Total time: 14:50:31

Speed: 6.74 km/h  
Running performance: 8:55 min/km

Rank in course/Total: 41 (of 59)

Rank in course/Men: 36 (of 50)

Best time in course: 8:22:31

Rank in category: 1(of 1)

Best time in the category: 14:50:31

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Südergellersen	10.40	1:27:13	8:23	1	-	50	38:52	10.40	1:27:13	8:23	1	-	50	38:52
Amelinghausen	13.60	1:53:14	8:19	1	-	49	48:56	24.00	3:20:27	8:21	1	-	49	1:27:48
Schwindebeck	8.30	1:09:21	8:21	1	-	48	31:18	32.30	4:29:48	8:21	1	-	48	1:59:06
Bispingen	9.60	1:21:46	8:31	1	-	44	36:55	41.90	5:51:34	8:23	1	-	48	2:36:00
Overhaverbeck	10.80	1:39:03	9:10	1	-	40	47:32	52.70	7:30:37	8:33	1	-	46	3:23:32
Undeloh	6.90	1:02:40	9:04	1	-	33	28:22	59.60	8:33:17	8:36	1	-	41	3:51:54
Egestorf	9.20	1:27:18	9:29	1	-	36	41:00	68.80	10:00:35	8:43	1	-	40	4:32:54
Salzhausen	10.60	1:35:49	9:02	1	-	30	39:19	79.40	11:36:24	8:46	1	-	37	5:12:13
Südergellersen	10.90	1:43:13	9:28	1	-	26	36:50	90.30	13:19:37	8:51	1	-	36	5:49:03
Sülzwiesen	9.70	1:30:54	9:22	1	-	27	39:04	100.00	14:50:31	8:54	1	-	36	6:28:00