



22. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2018

Detailed evaluation

Knoll, Martin

Club: Mathilda Running Team  
Number: 1109

Course: 5.00 km  
5 km-Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 18:06

Speed: 16.57 km/h  
Running performance: 3:37 min/km

Rank in course/Total: 5 (of 226)

Rank in course/Men: 5 (of 152)

Best time in course: 17:31

Rank in category: 1(of 23)

Best time in the category: 18:06