



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Köppe, Jan

Club: SV Fortuna 49 Körner
Number: 1014

Course: 5.00 km
5 km-Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 18:39

Speed: 16.09 km/h
Running performance: 3:44 min/km

Rank in course/Total: 7 (of 226)

Rank in course/Men: 7 (of 152)

Best time in course: 17:31

Rank in category: 2(of 23)

Best time in the category: 18:06