



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Nagel, Silvio

Club: LG Nagel und Winter
Number: 1133

Course: 5.00 km
5 km-Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 18:51

Speed: 15.92 km/h
Running performance: 3:46 min/km

Rank in course/Total: 9 (of 226)

Rank in course/Men: 9 (of 152)

Best time in course: 17:31

Rank in category: 3(of 17)

Best time in the category: 17:31