



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Wiegand, Jan-Joris

Club: RUNNING TEAM Wiegand GmbH
Number: 1100

Course: 5.00 km
5 km-Lauf

Category:
Männer (20-29 Jahre)

Total time: 19:16

Speed: 15.57 km/h
Running performance: 3:51 min/km

Rank in course/Total: 11 (of 226)

Rank in course/Men: 11 (of 152)

Best time in course: 17:31

Rank in category: 2(of 13)

Best time in the category: 18:01