



22. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2018

Detailed evaluation

Frerichs, Ben

Club: Evang. Schulzentrum  
Number: 954

Course: 5.00 km  
5 km-Lauf

Category:  
männliche Jugend U14 (12-13 Jahre)

Total time: 19:31

Speed: 15.37 km/h  
Running performance: 3:54 min/km

Rank in course/Total: 14 (of 226)

Rank in course/Men: 14 (of 152)

Best time in course: 17:31

Rank in category: 1(of 9)

Best time in the category: 19:31