



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Erlor, Ronny

Club: GregtheLeg

Number: 947

Course: 5.00 km

5 km-Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 19:56

Speed: 15.05 km/h

Running performance: 3:59 min/km

Rank in course/Total: 19 (of 226)

Rank in course/Men: 19 (of 152)

Best time in course: 17:31

Rank in category: 1(of 12)

Best time in the category: 19:56