



22. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2018

Detailed evaluation

Longard, Malte

Club: Volleyballverein Mühlhausen  
Number: 1025

Course: 5.00 km  
5 km-Lauf

Category:  
männliche Jugend U16 (14-15 Jahre)

Total time: 21:07

Speed: 14.21 km/h  
Running performance: 4:13 min/km

Rank in course/Total: 29 (of 226)

Rank in course/Men: 29 (of 152)

Best time in course: 17:31

Rank in category: 6(of 18)

Best time in the category: 17:47