



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Koch, Sebastian

Club: Mühlhausen

Number: 1009

Course: 5.00 km

5 km-Lauf

Category:

Männer (20-29 Jahre)

Total time: 23:38

Speed: 12.69 km/h

Running performance: 4:44 min/km

Rank in course/Total: 60 (of 226)

Rank in course/Men: 57 (of 152)

Best time in course: 17:31

Rank in category: 7(of 13)

Best time in the category: 18:01