



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Abou Siam, Mohammad

Club: Eigenrode Nova
Number: 1152

Course: 5.00 km
5 km-Lauf

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 23:57

Speed: 12.53 km/h
Running performance: 4:47 min/km

Rank in course/Total: 64 (of 226)

Rank in course/Men: 61 (of 152)

Best time in course: 17:31

Rank in category: 3(of 9)

Best time in the category: 19:31