



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Köppe, Jens

Club: Sophienschule Körner
Number: 1015

Course: 5.00 km
5 km-Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 24:02

Speed: 12.48 km/h
Running performance: 4:49 min/km

Rank in course/Total: 66 (of 226)

Rank in course/Men: 62 (of 152)

Best time in course: 17:31

Rank in category: 1(of 7)

Best time in the category: 24:02