



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Gast, Eckhard

Club: Ebeleben
Number: 960

Course: 5.00 km
5 km-Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 24:41

Speed: 12.15 km/h
Running performance: 4:56 min/km

Rank in course/Total: 76 (of 226)

Rank in course/Men: 69 (of 152)

Best time in course: 17:31

Rank in category: 6(of 15)

Best time in the category: 19:14