



22. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2018

Detailed evaluation

Gehnen, Burghard-Stefan

Club: Mühlhausen  
Number: 962

Course: 5.00 km  
5 km-Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 24:44

Speed: 12.13 km/h  
Running performance: 4:57 min/km

Rank in course/Total: 78 (of 226)

Rank in course/Men: 71 (of 152)

Best time in course: 17:31

Rank in category: 11(of 23)

Best time in the category: 18:06