



22. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2018

Detailed evaluation

Guckuk, Horst

Club: RUNNING TEAM Wiegand GmbH  
Number: 970

Course: 5.00 km  
5 km-Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 24:55

Speed: 12.04 km/h  
Running performance: 4:59 min/km

Rank in course/Total: 82 (of 226)

Rank in course/Men: 75 (of 152)

Best time in course: 17:31

Rank in category: 7(of 15)

Best time in the category: 19:14