



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Glaßner, Matthias

Club: Kneipenabend

Number: 1110

Course: 5.00 km

5 km-Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 25:12

Speed: 11.90 km/h

Running performance: 5:02 min/km

Rank in course/Total: 89 (of 226)

Rank in course/Men: 82 (of 152)

Best time in course: 17:31

Rank in category: 4(of 12)

Best time in the category: 19:56