



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Rudolph, Astrid

Club: SV 1899 Mühlhausen
Number: 1060

Course: 5.00 km
5 km-Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 25:36

Speed: 11.72 km/h
Running performance: 5:07 min/km

Rank in course/Total: 93 (of 226)

Rank in course/Women: 8 (of 74)

Best time in course: 21:12

Rank in category: 1(of 2)

Best time in the category: 25:36