



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Prüger, Ralf

Club: SG Bickenriede
Number: 1050

Course: 5.00 km
5 km-Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 25:49

Speed: 11.62 km/h
Running performance: 5:10 min/km

Rank in course/Total: 96 (of 226)

Rank in course/Men: 88 (of 152)

Best time in course: 17:31

Rank in category: 8(of 15)

Best time in the category: 19:14