



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Frerichs, Birte

Club: Stadtverwaltung
Number: 955

Course: 5.00 km
5 km-Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 25:51

Speed: 11.61 km/h
Running performance: 5:10 min/km

Rank in course/Total: 99 (of 226)

Rank in course/Women: 9 (of 74)

Best time in course: 21:12

Rank in category: 2(of 10)

Best time in the category: 24:06