



22. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2018

Detailed evaluation

Görlach, Folker

Club: Mühlhausen  
Number: 1122

Course: 5.00 km  
5 km-Lauf

Category:  
Senioren M75 (75-79 Jahre)

Total time: 27:01

Speed: 11.10 km/h  
Running performance: 5:24 min/km

Rank in course/Total: 118 (of 226)

Rank in course/Men: 104 (of 152)

Best time in course: 17:31

Rank in category: 1(of 1)

Best time in the category: 27:01