



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Kraus, Roman

Club: BSG Sparkasse Unstrut-Hainich e.V.
Number: 1016

Course: 5.00 km
5 km-Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 27:48

Speed: 10.79 km/h
Running performance: 5:34 min/km

Rank in course/Total: 141 (of 226)

Rank in course/Men: 114 (of 152)

Best time in course: 17:31

Rank in category: 8(of 12)

Best time in the category: 19:56