



22. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2018

Detailed evaluation

Ackermann, Thomas

Club: Röblinglaufverein

Number: 923

Course: 5.00 km

5 km-Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 28:06

Speed: 10.68 km/h

Running performance: 5:37 min/km

Rank in course/Total: 150 (of 226)

Rank in course/Men: 122 (of 152)

Best time in course: 17:31

Rank in category: 4(of 7)

Best time in the category: 24:02