



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Pallas, Silvia

Club: BSG Sparkasse Unstrut-Hainich e.V.
Number: 1041

Course: 5.00 km
5 km-Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 28:14

Speed: 10.63 km/h
Running performance: 5:39 min/km

Rank in course/Total: 152 (of 226)

Rank in course/Women: 30 (of 74)

Best time in course: 21:12

Rank in category: 2(of 2)

Best time in the category: 27:40