



22. Mühlhäuser Altstadtlauf  
Mühlhausen / 25.08.2018

Detailed evaluation

Hartung, Jörg

Club: Das Team.Galek & Kowald GmbH  
Number: 982

Course: 5.00 km  
5 km-Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 28:14

Speed: 10.63 km/h  
Running performance: 5:39 min/km

Rank in course/Total: 153 (of 226)

Rank in course/Men: 123 (of 152)

Best time in course: 17:31

Rank in category: 5(of 7)

Best time in the category: 24:02