



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Kaiser, Jens

Club: Ammern
Number: 1001

Course: 5.00 km
5 km-Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 28:48

Speed: 10.42 km/h
Running performance: 5:46 min/km

Rank in course/Total: 161 (of 226)

Rank in course/Men: 127 (of 152)

Best time in course: 17:31

Rank in category: 13(of 15)

Best time in the category: 19:14