



22. Mühlhäuser Altstadtlauf
Mühlhausen / 25.08.2018

Detailed evaluation

Birkel, Michael

Club: Luisenthal
Number: 933

Course: 5.00 km
5 km-Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 29:22

Speed: 10.22 km/h
Running performance: 5:52 min/km

Rank in course/Total: 167 (of 226)

Rank in course/Men: 130 (of 152)

Best time in course: 17:31

Rank in category: 16(of 17)

Best time in the category: 17:31